December

Holiday Planning: The Karen Crouse Way First Half of December

Festive

- □ Plan the menu
- □ Buy stocking stuffers visit my website for ideas
- □ If filming, ensure cameras and devices are charged & have cords, cards, etc
- □ Buy last minute gifts
- □ Wrap gifts!
- Christmas Day: Take pride in all you've accomplished through your hard work and planning, and savor this time with family and friends.

Unforgettable

- □ If doing Secret Santa, assign and share who buys for whom
- ☐ If hosting, rearrange furniture and clean (*rugs*, *dust*, *vacuum*, *appliances*) ahead of time.
- Prepare or buy doughs and batters in advance that can be stored until baking
- Create a holiday playlist on your device
 - **Tip:** Visit my website for my favorite playlists and stations
- □ Schedule a self-care activity
- □ Christmas Eve: Prepare breakfast in the slow cooker overnight, so it's ready when you wake up. Visit my website for an oatmeal recipe

