## November

**Holiday Planning:** The Karen Crouse Way Second Half of November

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## **Festive**

$\Box$	Plan where the tree will go and make sure the space is
	ready.
	Decorate your home—room, apartment, or yard—and
	invite friends to join for extra fun.
	Buy gift cards early, especially if you plan to
	personalize them.
	Purchase stamps and shipping supplies.
	Ship packages that need to travel the farthest first.
	Start cooking prep-stocks, sauces, frozen herbs in oil,
	or items that can be made ahead and frozen.
	Decide who's hosting each gathering and confirm the
	style—formal, casual, or potluck.
	Pause for a quick self-check: Am I enjoying this? If not,
	adjust your to-do list and simplify.

## <u>Unforgettable</u>

Start making non-perishable homemade gifts that will
last through the season.
Find a discreet place to stash wrapped gifts so they
stay fresh and hidden until needed.
<b>Tip:</b> The trunk of an extra car or a cool, dry closet
works well.
Download or queue your favorite holiday movies for
evenings, travel days, or background ambiance.
<b>Tip:</b> See my KCNV holiday movie list for ideas.
Plan one self-care activity this week—something
restorative before December begins.
<b>Tin</b> Try my favorite hath salts recine for a quiet reset

